

Clinical Evaluation of Ashwattha Siddha Sheera Kala Basti and Ashwattha Siddha Tailamatra Basti in Vatarakta W.S.R. to Gout

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ABSTRACT

Vatarakta is a disease like Gout. The pain was stabilized by NSAID. Corticosteroids are a rational treatment regimen practiced today. But they produce adverse effects on renal functions. There is a need to find a better curative and cost-effective treatment regimen. Many previous studies have been conducted on different treatments on Vatarakta such as Snehana, Virechana, Basti, Raktamokshana, Lepa, Parisheka, etc. In the present study, an attempt was made to study the possible pharmacological action of Ashwattha Siddha Ksheera Basti with Ashwattha Siddha Taila Matra Basti as Shothagna, Shoolaghna, Rakta Shodhaka, Vata Shamaka, and also its effect on serum uric acid levels. Results were recorded and analyzed statistically. All the recorded results were significantly good.

KEYWORDS

Gout; Rakta shodhaka; Serum uric acid

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