

## **A Case Study on Polycystic Ovarian Syndrome in Women with excessive PV Bleeding**

**Pankaj Nahata**

*Shree Vishwamani Ayurvedic Clinic, Pune, India*

Correspondence should be addressed to Pankaj Nahata, Shree Vishwamani Ayurvedic Clinic, Pune, India

Received: December 29, 2021; Accepted: December 30, 2021; Published: December 31, 2021

### **ABSTRACT**

In most cases women have a common problem of continuous bleeding, polycystic ovarian syndrome (PCOS) is commonly found in women because of lifestyle and eating habits, stees. Moreover, PCOS is nothing but an endocrine abnormality affecting the reproductive system in aged women. In this case study, female aged 37 years with excessive PV bleeding every after 15 days with lower abdominal pain. Maintain and record clinical data including age, weight, height, menstrual history. Immense relief was observed in patients' menstrual cycles with the Ayurvedic treatment.

### **KEYWORDS**

PCOS; Reproductive system; Abdominal pain; Ayurvedic treatment

**Citation:** Pankaj Nahata, A Case Study on Polycystic Ovarian Syndrome in Women with excessive PV Bleeding. Int J AAYUSH Trad Med 2(1): 3.