

A Case Study on Polycystic Ovarian Syndrome in Women with excessive PV Bleeding

Pankaj Nahata

Shree Vishwamani Ayurvedic Clinic, Pune, India

Correspondence should be addressed to Pankaj Nahata, Shree Vishwamani Ayurvedic Clinic, Pune, India

Received: December 29, 2021; Accepted: December 30, 2021; Published: December 31, 2021

ABSTRACT

In most cases women have a common problem of continuous bleeding, polycystic ovarian syndrome (PCOS) is commonly found in women because of lifestyle and eating habits, stees. Moreover, PCOS is nothing but an endocrine abnormality affecting the reproductive system in aged women. In this case study, female aged 37 years with excessive PV bleeding every after 15 days with lower abdominal pain. Maintain and record clinical data including age, weight, height, menstrual history. Immense relief was observed in patients' menstrual cycles with the Ayurvedic treatment.

KEYWORDS

PCOS; Reproductive system; Abdominal pain; Ayurvedic treatment

Citation: Pankaj Nahata, A Case Study on Polycystic Ovarian Syndrome in Women with excessive PV Bleeding. Int J AAYUSH Trad Med 2(1): 2.