

Practique Clinique et Investigation

Generalized Periodontitis in a Patient with Established Crohn's Disease: A Rare Case Report

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ABSTRACT

An association between periodontitis and various other systemic inflammatory conditions is well-established. Such systemic conditions might, also, influence the clinical outcome in case of implant therapy in periodontitis patients as they might affect the soft tissues, the general trabecular bone pattern as well as affect the successful outcomes of osseointegration. Crohn's disease is a chronic granulomatous disease process characterized by persistent intestinal inflammation, ulceration, formation of granulomatous lesions and a generalized trans-mural inflammation throughout the intestines. Periodontitis is one of the common oral manifestations of Crohn's disease which was first described in 1969. The present case report describes a case of generalized periodontitis in a patient with established Crohn's disease successfully managed with implant therapy.

Keywords: *Periodontitis; Systemic inflammatory condition; Implant therapy; Trabecular bone pattern; Osseointegration; Inflammatory bowel disease; Crohn's disease; Chronic granulomatous disease process; Intestinal inflammation; Trans-mural inflammation*

INTRODUCTION

Periodontal health and disease are dependent on a complex interplay of biofilm-host tissue and immuno-regulation [1]. An association between periodontitis and various other systemic inflammatory conditions is well-established [2]. Such systemic conditions might, also, influence the clinical outcome in case of implant therapy in periodontitis patients as they might affect the soft tissues, the general trabecular bone pattern as well as affect the successful outcomes of osseointegration [3,4]. Inflammatory bowel disease (IBD) has two components, namely, Crohn's disease and Ulcerative colitis. Crohn's disease is a chronic granulomatous disease process characterized by persistent intestinal inflammation, ulceration, formation of granulomatous lesions and a generalized trans-mural inflammation throughout the intestines [5]. The common oral manifestations of Crohn's disease were first described in 1969 which included gingival hyperplasia, fascicular eruptions, generalized periodontitis and ulcerations [6]. Flemmig TF, et al. [7] concluded from the findings of their study that patients with inflammatory bowel disease (IBD) had an 11% higher prevalence rate of periodontitis. Vavricka SR, et al. [8] concluded from their study that markers specific to periodontitis were found in higher percentage in patients affected with chronic inflammatory bowel disease (IBD).

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The success of implant therapy depends largely on the integrity of the soft and hard tissues around the dental implants. Nutritional and immune defects along with the soft and hard tissue changes may put Crohn's disease patients at higher risk of implant failure [9]. Alsaadi G, et al. [10] have shown a significant association of Crohn's disease with early implant failure concluding Crohn's disease as one of the most prominent risk factors in such cases. A textbook on dental implants written by Javed F and Romanos GE [11] on dental implants in patients with Crohn's disease in evidence-based implant dentistry and systemic conditions keeps a special emphasis on the risks associated with implant therapy in inflammatory bowel disease cases.

The decision of implant therapy in patients with Crohn's disease, thus, should be taken on a sound clinical evaluation and a thorough analysis of the soft and hard tissues. Failure of dental implants after an initial, short-term success is mainly influenced by the soft tissue behaviour, systemic condition as well as the occlusal forces directed towards the implants. Factors such as occlusal load can be controlled by the operator, so, the main factor influencing implant failure in most of the situations is, largely, governed by the soft tissue behaviour. In patients with inflammatory gingival conditions and a generalized friable gingiva, exposure of the implant surface may be the primary cause of implant failure [12]. The present case report describes such a case of generalized periodontitis in a patient with established Crohn's disease successfully managed with implant treatment.

CASE REPORT

The present case report putforths a case of generalized periodontitis (Figure 1) in a patient with established Crohn's disease who reported with pain and mobility in maxillary molar region wherein multiple surgical attempts had been made in order to control the gingival inflammation and who was, later, successfully managed with implant therapy. There was bleeding from the gingiva in the affected area on the slightest of the provocation. Clinical examination revealed diffused gingival inflammation along with inflammatory enlargement in the said area. There was generalized mobility except in mandibular premolar and molar region in the third quadrant. Extraction of all the poor prognosis teeth with grade III mobility followed by implant placement was the line of treatment decided. The probability of peri-implant disease and its evidence was discussed with the patient. The possibility of success with smooth-surfaced implants in the said cases was, also, explained to the patient. After taking patient's consent, it was decided to restore the missing teeth with the help of smooth-surfaced implants with cortical engagement. In order to prevent the complications of uncontrolled tissue shrinkage in the present case, extraction of the anterior teeth was followed by a temporary bridge with the premolars as abutments. It was, also, planned to prevent the placement of implants in maxillary incisor region to provide more prosthetic freedom during the final phase. After a gap of two weeks, surgery was planned. In order to provide an equal occlusal table bilaterally, a cantilever bridge in the lower was planned. The disadvantages of a cantilever bridge were, also, explained to the patient [13]. Due to financial constraints, the patient chose to delay the treatment in the lower arch. On the day of the surgery, the remaining teeth in the maxillary arch were extracted while placement of 10 smooth-surfaced implants was done based on the principle of cortical engagement. Pterygoid plates, floor of maxillary sinus and nasal floor were the cortical bones engaged. The placement in the anterior region was oblique (Figure 2) in order to achieve a better emergence profile and greater prosthetic freedom. Impressions were made according to the manufacturer's instructions. Trial of the metal framework was done on the second day. Parallelism of the implant was achieved by bending of the implants during surgery and use of the guiding jig provided by the laboratory technician. After confirming proper placement of the metal framework, registration of the jaw records was performed. A cantilever bridge was designed in the mandible to have equal length of the occlusal table. Avoidance of unilateral chewing

which is an important aspect in the philosophy of cortical implantology was taken care of [14]. The final porcelain-fused-to-metal (PFM) bridge (Figure 3a & Figure 3b) was cemented on the third day. The occlusal scheme was given according to the one described by Ihde S and Ihde AA [14]. Patient was instructed about the importance of bilateral mastication and regular follow-ups. The follow-up of the case showed stable gingival condition and marked improvement in the consistency and function of gingival tissues (Figure 4a & Figure 4b) which showed a noticeable healing. Some amount of expected gingival recession was seen in the posterior regions where implants were placed in the extraction sites. One year follow-up of the patient showed a stable implant engagement with no cortical radiolucency around the threads of the implants (Figure 5).



Figure 1: Clinical picture of the patient with generalized periodontitis with established Crohn's disease.

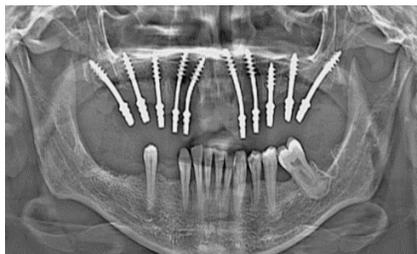


Figure 2: Orthopantomograph (OPG) of the patient revealing placement of 10 smooth-surfaced implants with oblique placement in anterior region based on the principle of cortical engagement.



Figure 3a & 3b: Final porcelain-fused-to-metal (PFM) bridge cemented on the third day.



Figure 4a & 4b: Stable gingival condition and marked improvement in the consistency and function of gingival tissues showing a noticeable healing on 1-year follow-up of the patient.



Figure 5: Orthopantomograph (OPG) of the patient revealing a stable implant engagement with no cortical radiolucency around the threads of the implants on 1-year follow-up of the patient.

DISCUSSION

Historically, the implant fixtures used by Branemark and co-workers were machined with relatively smooth-surfaced implants with a two-staged approach [15]. In order to have predictability and an accelerated osseointegration, surface modifications were adapted on dental implants [16,17]. Unfortunately, year by year, the prevalence of peri-implantitis cases reported in the literature increased alarmingly and such prevalence was found to be between 11.3% and 47.1% [18,19]. A meta-analysis published on the association of periodontitis and peri-implantitis cases concluded that subjects with periodontitis are at 2.15 times higher risk for peri-implantitis compared to the healthy subjects [20]. In a survey conducted on the prevalence of peri-implant mucositis in peri-implantitis cases, a prevalence of up to 25% of peri-implant mucositis in cases with peri-implantitis was recorded while it was found that up to 10% of the implants were removed due to peri-implantitis in such cases [21].

Furthermore, Baron M et al. [22] concluded from their study that ligature-induced peri-implant disease demonstrated greater bone loss in implants with rough surface compared with the machine-surfaced implants. Also, the latter exhibited better resolution of the disease after the peri-implant ligature was removed. These findings, further, augment the belief that smooth-surfaced implants are more resistant to the peri-implant disease processes while the said study, also, concluded that surface roughness plays no role in the initiation of peri-implant disease, although, it might affect its progression and treatment outcome once the disease is established. Once established, peri-implantitis has a progressive nature with an almost uncertain prognosis.

Esposito M, et al. [23], also, conducted a meta-analysis to evaluate the frequency of peri-implantitis in machine-surfaced implants compared to those with roughened surfaces with a 3-year follow-up wherein three randomized controlled trials were included and concluded that peri-implantitis was significantly less in smooth-surfaced implants compared to implants with roughened surfaces.

Though placement of implants in patients with history of periodontitis is a viable option for oral rehabilitation, the failure rate is significantly higher in such cases when compared to the healthy individuals [24]. In the present case, too, the possibility of peri-implant disease process was discussed with the patient and only after taking consent of the patient, the use of smooth-surfaced implants with cortical engagement for anchorage was decided.

The selected implant design allowed the operator to perform a flapless procedure which has been documented to have significantly left less post-operative discomfort to the patient as well as minimal soft tissue manipulation [25]. Rigid splinting with the help of prosthesis along with cortical engagement, also, permitted the operator to immediately place and load these implants, a technique which, too, has been well-documented in the literature [26,27]. Thus, looking at the literature evidence

and the probability of implant supporting structure loss with surface-treated implants, the concept of re-introducing machined, smooth-surfaced implants in the dental practice shows some promise. As these implants engage the resorption-free cortical bone for anchorage, the necessity of bone augmentation procedures can, also, be obviated [26].

CONCLUSION

Systemic conditions pose a major threat in the success of implant therapy. Also, exposure of the treated implant surfaces provides a suitable bed for the pathogens to proliferate leading to a higher chance of peri-implantitis and implant failure. Many attempts have been made in this direction but the prevalence of peri-implant disease is well-documented. Thus, looking at the literature evidence and the probability of implant supporting structure loss with surface-treated implants, the concept of re-introducing machined, smooth-surfaced implants, especially, in systemically compromised patients, in the dental practice, shows promise. Untreated, smooth-surfaced implants anchored with the help of stable cortical engagement may provide a stable, long-term solution in such cases.

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