

## A Natural Energy Healing Therapy for Corona Virus Infection

**Vivek Kamath**

Founder and CEO, Heal the World, Cuttack, India

Correspondence should be addressed to Vivek Kamath, [vivek.kamath@healtheworld.in](mailto:vivek.kamath@healtheworld.in)

Received: March 23, 2020; Accepted: April 08, 2020; Published: April 16, 2020

### HOW TO PREVENT US FROM CORONA VIRUS INFECTION?

1. Drink hot water regularly.
2. Take enough Vitamin A, C, D, E and B6 in your daily diet.
3. Boost your immunity system either energizing through Reiki healing or through natural food. (vegetables, fruits, herbs and spices). For e.g. consuming garlic, ginger, turmeric, etc. in your regular diet. Contact us [contact@healtheworld.in](mailto:contact@healtheworld.in) if you need any help in building immunity through natural Reiki energy healing.
4. If you have learnt Reiki healing, energize your crown, brow, throat and heart energy centers/chakras regularly. Flush out toxins, negative energies from these energy centers, organs and systems related to these energy centers in our body.
5. Maintain good energy level by energizing all energy centers, organs and body systems.
6. Diabetic patients, insomnia patients, cancer patients, asthmatic patients or any lungs disorder patients needs to take extra care in terms of protecting your immune system and respiratory systems. Infants and toddlers also needs special care by their parents. Take the help of Reiki healers in your city/country to obtain distant healing therapy.
7. Ensure you follow balanced diet preferably vegan or vegetarian diet by consuming fruits and vegetables.
8. Maintain Your blood PH Value to normal level (7.35 to 7.45).
9. Cleanse your respiratory system regularly 2 or 3 times a day.
10. Take enough sunlight in the morning or evening.
11. Ensure you get adequate sound sleep.
12. Always thinks positive and keep your mind calm from any other distractions. Reiki meditation or any other meditation can help you to calm your mind.
13. People living in cold countries or cold regions need to take extra care in terms of healing and energizing your body and mind.
14. To Heal your respiratory system/organs visit <https://amazon.com/author/vivekkamath> and read the book with the title "Heal Your Respiratory Diseases". Any further help you can contact us [contact@healtheworld.in](mailto:contact@healtheworld.in)
15. Visit our website [www.healtheworld.in](http://www.healtheworld.in) to understand various natural energy healing therapies to heal any diseases without any medicines, surgeries or any side effects. <http://dnddemo.com/healtheworld/dev> (development sire with latest updates).

**Citation:** Vivek Kamath, A Natural Energy Healing Therapy for Corona Virus Infection. Clin Surg J 3(S2): 3.